

PERSONAL TRAINER CONTRACT WITH GYM

Location: _____ Date: _____

Trainer Information:

Full Name: _____

Certification / License No.: _____

Address: _____

Phone/Email: _____

Gym Information:

Gym Name: _____

Address: _____

Phone/Email: _____

Contract Details:

Services Provided: _____

Session Duration: _____ minutes

Session Frequency: _____ per week

Start Date: _____ End Date: _____

Compensation and Payment Terms:

Rate per Session: _____ USD

Payment Schedule: _____

Payment Method: _____

Duties and Responsibilities:

Trainer shall provide professional personal training services consistent with industry standards, including designing customized workout and nutrition plans, monitoring progress, and ensuring client safety. Trainer agrees to comply with all applicable laws, gym rules, and professional certification requirements.

Client Obligations:

Client agrees to participate actively and honestly in the training program, disclose all relevant health information, and follow Trainer's instructions for safe and effective exercise. Client assumes all risks associated with participation.

Term and Termination:

This Agreement shall commence on the Start Date and continue until the End Date unless terminated earlier by either party upon ____ days written notice. Termination shall not relieve Client of obligation to pay for services rendered prior to termination.

Confidentiality:

Both parties agree to keep confidential all proprietary and personal information obtained during the term of this Agreement, except as required by law or with prior written consent.

Liability and Indemnification:

Client acknowledges inherent risks in physical activity and agrees that Trainer and Gym shall not be liable for any injuries, losses, or damages arising from participation. Client agrees to indemnify and hold harmless Trainer and Gym from any claims.

Force Majeure:

Neither party shall be liable for failure or delay in performance due to causes beyond their reasonable control, including acts of God, government restrictions, or pandemics.

Governing Law and Dispute Resolution:

This Agreement shall be governed by and construed in accordance with the laws of the State of _____. Any disputes arising hereunder shall be resolved by binding arbitration in _____ County, _____, with each party waiving the right to trial by jury to the maximum extent permitted by law.

Entire Agreement and Amendments:

This Agreement constitutes the entire agreement between the parties and supersedes all prior negotiations and understandings. No amendment or waiver shall be effective unless in writing and signed by both parties.

Severability:

If any provision of this Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and effect.

Signatures:

TRAINER'S SIGNATURE

GYM REPRESENTATIVE'S SIGNATURE

Signature: _____

Signature: _____

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